



Do you have a will?

Your Employee Assistance Program (EAP) can help you make one.

Did you know only half of adults have a will?¹ Wills and other important estate planning documents help direct who will get your assets, care for your children or make medical decisions for you. Your Employee Assistance Program (EAP) has what you need to put these together.

To learn more, log on to our website. Go to the **Monthly Promotion** tab in the **Centers** section to find these resources:

- Advance directives and living wills
- Writing a will: part 1
- Writing a will: part 2
- How and why you should write a social media will



Visit our website or call for free, confidential help from our team of EAP experts.*

anthemEAP.com
800-647-9151

¹ The Nolo website: *Too Busy to Make a Will? Think Again* (accessed February 2015): nolo.com.

* In accordance with federal and state law, and professional ethical standards, all information you provide is confidential. This document is for general informational purposes. Check with your employer for specific information on the services available to you.

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