

Life is
better in
focus.™



Get access to the best in eye care and eyewear with MMEHT and VSP® Vision Care.



Maine Municipal
Employees Health Trust
mmeht.org 800.852.8300

Why enroll in VSP? As a member, you'll receive access to care from great eye doctors, quality eyewear, and the affordability you deserve, all at the lowest out-of-pocket costs.

You'll like what you see with VSP.

High Quality Vision Care. You'll get the best care from a VSP network doctor, including a WellVision Exam®—the most comprehensive exam designed to detect eye and health conditions.

Choice of Providers. The decision is yours to make—choose a VSP network doctor, a participating retail chain, or any out-of-network provider.

Great Eyewear. It's easy to find the perfect frame at a price that fits your budget.

Using your VSP benefit is easy.

Review your benefit information.

Log on to the Health Trust's Website at www.mmeht.org. Click on the Other Benefits header and then the link for Vision and Hearing Aids.

Find an eye doctor who's right for you. Visit vsp.com or call 800.877.7195.

At your appointment, tell them you have VSP. There's no ID card necessary. If you'd like a card as a reference, you can print one on vsp.com.

That's it! We'll handle the rest—there are no claim forms to complete when you see a VSP provider.

Choice in Eyewear

From classic styles to the latest designer frames, you'll find hundreds of options. Choose from featured frame brands like bebe®, Calvin Klein, Cole Haan, Flexon®, Lacoste, Nike, Nine West, and more.¹ Visit vsp.com to find a Premier Program location that carries these brands. Plus, save up to 40% on popular lens enhancements.² Prefer to shop online? Check out all of the brands at eyeconic.com®, VSP's online eyewear store.

Save with VSP Coverage	Without VSP Coverage	With VSP Coverage
Eye Exam	\$168	\$15
Frame	\$155	\$25
Single Vision Lenses	\$92	\$70
Photochromic Adaptive Lenses	\$111	\$69
Anti-reflective Coating	\$114	\$66.96
Employee-only Annual Contribution	N/A	\$66.96
Total	\$640	\$245.96

Comparison based on national averages for comprehensive eye exams and most commonly purchased brands

NOTE: Dollar amounts in the savings chart are estimates and don't reflect additional discounts from current VSP offers and promotions.

Average Annual Savings with a
VSP Provider: **\$394.04**

Enroll in VSP today. You'll be glad you did.
Contact us. 800.877.7195
vsp.com

Revised July 1, 2018

Your VSP Vision Benefits Summary

MMEHT and VSP provide you with an affordable eye care plan.



VSP Provider Network: VSP Choice

Benefit	Description	Copay	Frequency
Your Coverage with a VSP Provider			
WellVision Exam	Focuses on your eyes and overall wellness	\$15	Every calendar year*
Prescription Glasses		\$25	See frame and lenses
Frame	\$155 allowance for a wide selection of frames \$175 allowance for featured frame brands 20% savings on the amount over your allowance \$80 frame allowance at Costco®, Walmart or Sams Club	Included in Prescription Glasses	Every other calendar year*
Lenses	Single vision, lined bifocal, and lined trifocal lenses Polycarbonate lenses for dependent children	Included in Prescription Glasses	Every calendar year*
Lens Enhancements	NOTE: Copays listed below are in addition to the materials copay. Standard progressive lenses Premium progressive lenses Custom progressive lenses Average savings of 20-25% on other lens enhancements	--- \$0 \$95 - \$105 \$150 - \$175	Every calendar year*
Contacts (instead of glasses)	\$150 allowance for contacts; copay does not apply Contact lens exam (fitting and evaluation)	No copay Up to \$60	Every calendar year*
Diabetic Eyecare Plus Program	Services related to diabetic eye disease, glaucoma and age-related macular degeneration (AMD). Retinal screening for eligible members with diabetes. Limitations and coordination with medical coverage may apply. Ask your VSP doctor for details.	\$20	As needed
Extra Savings	Glasses and Sunglasses Extra \$20 to spend on featured frame brands. Go to vsp.com/specialoffers for details. 20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP provider within 12 months of your last WellVision Exam.		
	Retinal Screening No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam		
	Laser Vision Correction Average 15% off the regular price or 5% off the promotional price; discounts only available from contracted facilities		
Your Monthly Contribution	\$5.58 Employee only \$11.15 Employee + spouse \$11.94 Employee + child(ren) \$19.09 Employee + family		
Your Coverage with Out-of-Network Providers			
Get the most out of your benefits and greater savings with a VSP network doctor. Your coverage with out-of-network providers will be less or you'll receive a lower level of benefits. Visit vsp.com for plan details.			
Exam	up to \$45	Lined Bifocal Lenses	up to \$50
Frame	up to \$70	Lined Trifocal Lenses	up to \$65
Single Vision Lenses	up to \$30	Progressive Lenses	up to \$50
		Contacts	up to \$105
Coverage with a participating retail chain may be different. Once your benefit is effective, visit vsp.com for details. Coverage information is subject to change. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail. Based on applicable laws, benefits may vary by location.			

*Calendar year begins in January

Eligibility

-Eligible Employees-

Employees working 20 or more hours per week.

-Participation Requirements-

There's no minimum number of eligible employees needed to offer the program.

-Employee Contribution-

100% of employee contribution through payroll deduction. Pre-tax deductions recommended under a qualified plan with the Internal Revenue Code.

Contact us. **800.877.7195** | vsp.com

1. Brands/Promotion subject to change.

2. Savings based on network doctor's retail price and vary by plan and purchase selection; average savings determined after benefits are applied. Available only through VSP network doctors to VSP members with applicable plan benefits. Ask your VSP network doctor for details.

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