MAINE MUNICIPAL EMPLOYEES HEALTH TRUST

Did You Know?

Did you know your medical plan provides coverage for the following services:

- Acupuncture
- Breastfeeding support and counseling
- Breast pumps
- Cardiac Rehab Therapy Phase II
- Cardiac Rehab Therapy Phase III
- Health Education
- Hearing Aids
- Immunizations
- Nutritional Counseling
- Pain Clinic Programs
- Prescription contraceptive
- Preventative Colonoscopies
- Preventative labs and X-rays
- Preventative Sigmoidoscopies

- Routine gynecological exams and Pap tests
- Routine mammograms
- Routine preventative eye exams
- Routine/preventative hearing exams
- Routine Physical Exams for adults
- Smoking cessation education programs
- Smoking cessation prescription medications
- Well Child Care

*Coverages and member cost-shares vary according to the medical plan you are enrolled in, and some services may require a referral and/or prior authorization.

Please call the Health Trust Member Services team at 1-800-852-8300 to get more information about these services.

