

HEALTH TRUST REMINDERS

HEALTH TRUST 2010 PREMIUM RATES

Coming in November

The Trustees recognize the extreme financial pressures that participating employer groups are facing and are considering strategies for these challenging economic times. The Trustees will be finalizing and releasing 2010 premium rates to participating employer groups in early November. Participants will receive notifications by the end of November. Your employer will inform you of any options or changes that may be under consideration for your group.

ANNUAL MEDICAL PLAN OPEN ENROLLMENT

Coming in December

Health Insurance Plan

The Health Trust medical plans provide for an open enrollment period once each year during the month of December. This timeframe allows employees (and/or qualified dependent(s)) who did not enroll when originally eligible, the opportunity to enroll in a Health Trust **health** plan as offered by their employer.

Employees enrolling in the health insurance plan during open enrollment may also enroll in Basic Life Insurance and/or one unit of Supplemental Life Insurance without having to provide Evidence of Insurability.

If an employer offers more than one Health Trust plan, employees have an annual choice between the plans for an effective date of January 1.

All enrollment or election or change forms should be completed, dated (prior to December 31st), and received by the Health Trust no later than the last day of December for coverage changes to be effective January 1. Please submit any form through your employer so that any payroll deduction adjustments can occur if necessary.

Other Coverages (Dental, Income Protection, Longterm Disability, additional Life Insurance)

Please note, the annual open enrollment only applies to the health insurance (and life insurance described above.)

For those employer groups that offer other Health Trust coverages, this annual enrollment does **not** apply to new enrollments or changes to Dental or Income Protection or Longterm Disability or additional Life Insurance coverage. Should an employee want to enroll after their initial eligibility, he/she may apply for coverage at any time and must comply with all Evidence of Insurability requirements.

Some participants find this is also a good time of year to update life insurance beneficiary forms if necessary.

For more information, please contact Health Trust Billing and Enrollment Representative at htbilling@memun.org or 1-800-852-8300 or 207-621-2645.

HEALTH INSURANCE DEDUCTIBLES

Carry-Forward Provision

For those services subject to the deductible and coinsurance provisions, the deductible is the specified amount that a participant is required to pay in a calendar year before the plan begins to pay benefits. Should your health insurance plan currently have a calendar year deductible, please remember there is a deductible carry-forward provision. Any amount applied to the deductible for a covered health service rendered during the last three months (October, November, and December) of a plan year will be carried forward to the next plan year's deductible.

For more information, please contact a Health Trust Service Representative at htservice@memun.org or 1-800-852-8300 or 207-621-2645.

IMPORTANT NOTICE FROM MAINE MUNICIPAL EMPLOYEES HEALTH TRUST ABOUT YOUR PRESCRIPTION DRUG COVERAGE AND MEDICARE

Medicare D Certificate of Creditable Coverage

PLEASE NOTE: THIS CERTIFICATE OF CREDITABLE COVERAGE ONLY APPLIES TO YOU IF YOU HAVE HEALTH INSURANCE COVERAGE THROUGH THE MAINE MUNICIPAL EMPLOYEES HEALTH TRUST.

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Maine Municipal Employees Health Trust, as well as other types of prescription drug coverage available to people with Medicare. It also tells you where to find more information to help you make decisions about your prescription drug coverage. (Please note: If you and your covered family members are not eligible for Medicare, this notice will not affect you.)

Effective January 1, 2006, prescription drug coverage became available to everyone with Medicare, through the new Medicare Part D prescription drug plan. This plan is being made available through several different insurance companies throughout the state; you may have received materials in the mail advertising these programs. The annual open enrollment period for the Medicare Part D prescription drug plan runs from November 15 through December 31 of each year.

As a participant in the Health Trust health insurance plan, you have prescription drug coverage provided through Anthem Prescription Management. It is important for you to know that your coverage through the Maine Municipal Employees Health Trust (your Anthem prescription card) is “creditable” prescription coverage. This means that, on average, the Health Trust expects to pay as much as the standard Medicare prescription drug coverage, and potentially more, for prescription drug coverage for its covered participants.

Because your Health Trust coverage is equal to, or better than, the basic Medicare Part D plan, you do not have to enroll in Medicare Part D coverage. You can keep your Health Trust coverage and you can choose not to enroll in Medicare Part D. This is part of the reason why it is so important to continue the “creditable coverage” that you have with the Health Trust.

Here’s a summary of your current Health Trust prescription drug coverage: When you purchase a 30-day prescription at the pharmacy, you pay a \$10 copay for generic drugs, a \$25 copay for preferred or formulary drugs, and a \$40 copay for non-preferred or non-formulary drugs. You can also purchase up to a 90-day prescription, at either the pharmacy or via mail order, for two copays: \$20 for generic, \$50 for preferred brand name, and \$80 for non-preferred brand name.

The basic Medicare Part D plan, on the other hand, calls for participants to pay a calendar year deductible, coinsurance, and as much as \$3,600 in out-of-pocket costs in a calendar year. At that point, the basic Medicare Part D plan will start paying benefits at 95%.

If you choose to keep your Health Trust coverage, and not to enroll in Medicare Part D, you do not need to do anything. Your Health Trust coverage will continue on as it has been.

If you keep your Health Trust coverage, and you do not enroll in Medicare Part D, you may choose to enroll in Medicare Part D at a later date, with no penalty, as long as such enrollment takes place within 63 days from the date you lose your Health Trust coverage. If you wait longer than 63 days without coverage, however, you could be subject to a penalty when you do enroll in Medicare Part D. This penalty could add as much as 1% to your Medicare Part D premium, for every month that you had no equivalent coverage. Each year, you will have the opportunity to enroll in a Medicare Part D prescription drug plan during the Medicare open enrollment period, from November 15 to December 31. **But remember: as long as you maintain your Health Trust coverage, you do not need to enroll in Medicare Part D, since your Health Trust coverage provides better benefits than the basic Medicare Part D benefit.**

If, on the other hand, you choose to enroll in Medicare Part D and terminate your Health Trust coverage, you will lose your Health Trust coverage, and you will not be able to get it back. This is very important for you to know, and to take into account when making any decision about your health insurance coverage.

Once a retiree is on Medicare, his/her Health Trust coverage includes a Companion Plan from Anthem, Major Medical coverage including a prescription drug card, and a \$2,000 life insurance benefit. **All of this coverage will be lost, with no chance for re-enrollment, once a retiree terminates his or her coverage with the Health Trust.**

If you have any questions about this notice, or about your prescription drug benefits with the Health Trust, please call a Health Trust Service Representative at 1-800-852-8300 (in Maine) or 207-621-2645 (out of state). You will receive a copy of this notice each year, prior to the Medicare Part D open enrollment period. You can also request that a copy be mailed to you, by calling the Health Trust at the number listed above.

If you have questions about the Medicare Part D prescription drug benefit, you can call Medicare at 1-800-MEDICARE (1-800-633-4227). You can also visit Medicare's Website at www.medicare.gov. If you are already on Medicare, you should have received a handbook entitled "Medicare and You", which explains the Medicare Part D prescription drug benefit (and any possible penalties for not enrolling) in more detail. **Remember: as long as you keep your Health Trust coverage, you do not have to enroll in Medicare Part D.**

For people with limited income and resources, extra help paying for a Medicare prescription drug plan is available from the Social Security Administration (SSA). For information about this extra help, visit SSA online at www.socialsecurity.gov, call them at 1-800-772-1213 (TTY 1-800-325-0778), or contact your local Social Security office.

Please keep this Certificate of Creditable Coverage. If you decide to enroll in one of the new plans approved by Medicare that offer prescription drug coverage, you may need to give a copy of this notice when you join that plan to show that you are not required to pay a higher premium amount.

Date: September 1, 2009
From: Maine Municipal Employees Health Trust
Contact: MMEHT Service Representatives
Address: 60 Community Drive, Augusta, ME 04330
Phone: 1-800-852-8300 (in Maine); 207-621-2645 (out of state)

SUMMARY ANNUAL REPORT

FOR MAINE MUNICIPAL EMPLOYEES HEALTH TRUST

This is a summary of the annual report of the Maine Municipal Employees Health Trust, EIN 01-0382676, Plan No. 501, for the period January 1, 2008 through December 31, 2008. The annual report has been filed with the Employee Benefits Security Administration, U.S. Department of Labor, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

Insurance Information

The plan has a contract with Prudential Financial to pay Life Insurance claims incurred under the terms of the plan. The total premiums paid for the plan year ending December 31, 2008 were \$1,057,446.

Basic Financial Statement

The value of plan assets, after subtracting liabilities of the plan, was \$56,054,577 as of December 31, 2008, compared to \$53,429,138 as of January 1, 2008. During the plan year the plan experienced an increase in its net assets of \$2,625,440. This increase includes unrealized appreciation and depreciation in the value of plan assets; that is, the difference between the value of the plan's assets at the end of the year and the value of the assets at the beginning of the year or the cost of assets acquired during the year. During the plan year, the plan had total income of \$100,290,843 including employer contributions of \$82,516,840, employee contributions of \$14,403,339, and earnings from investments of \$3,370,664.

Plan expenses were \$97,665,403. These expenses included \$5,875,358 in administrative and claims service expenses and \$91,790,046 in benefits and expenses paid to or for participants and their beneficiaries.

Your Rights To Additional Information

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

1. An accountant's report;
2. Financial information and information on payments to service providers;
3. Assets held for investment; and
4. Insurance information, including sales commissions paid by insurance carriers.

To obtain a copy of the full annual report, or any part thereof, write Employees of Municipal & Oth Public Employers of Maine Health Trust, 60 Community Drive, Augusta, ME 04330-9486, (207) 621-2645.

You also have the right to receive from the plan administrator, on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes, or both. If you request a copy of the full annual report from the plan administrator, these two statements and accompanying notes will be included as part of that report.

You also have the legally protected right to examine the annual report at either the main office of the plan (Employees of Municipal & Oth Public Employers of Maine Health Trust, 60 Community Drive, Augusta, ME 04330-9486) or at the U.S. Department of Labor in Washington, D.C., or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, N.W., Washington, D.C. 20210.